

THE MEDIATION PROCESS

The mediation process is provided without condemnation, interruption, badgering or intimidation by the other individual. It involves sitting down with one another in the dispute and a third party (mediator) who is neutral and impartial to discuss the conflict.

The mediator will help identify the issues in the dispute and assist you in deciding how the issue can best be resolved through alternative dispute resolution. The mediator doesn't tell you what to do, or make judgments about who's right or wrong. However, the mediator facilitates the communication process between the parties and assists with a compromising outcome to the dispute for a win-win situation for all.

Additionally, mediation can assist you with internal conflicts as well as external ones with other individuals, by providing an alternative resolution and a different view of the perspective to the conflict.

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